



Chef Service Suggestions

❧ BREAKFAST SUGGESTIONS ❧

French toast
Assortment of Croissants and French Pastries
Omelets of your choice
Steak and scrambled Eggs
Exotic fresh fruit platter
Smoked Salmon
Eggs Benedict
Eggs Florentine
Pancakes
Selection of cereals
Fresh Fruit Crepes
Smoked Salmon and Leek Frittata

❧ LUNCH SUGGESTIONS ❧

Filet Mignon on English Muffin with Béarnaise Sauce
Poached Salmon and Pasta Salad
Chicken Caesar Salad
Green Salad With Goat Cheese in Honey Vinaigrette
Smoked Salmon Salad
Lobster or Turkey Club Sandwich
Grilled Chicken Breast with Balsamic Vinaigrette
Provençale Quiche and Salad
Cold Chicken Breast with Ratatouille
Sweet Potato Salad with shrimp
Chicken Curry Salad
Salad Niçoise
Warm Breast of Duck Salad
Beef Carpaccio with Parmesan Pesto Salad with Red and Green Pepper
Assorted Sandwiches
Lobster Salad
Shrimp Salad
Spinach Salad
Classic Tuna Salad

Crispy Crudité Salad
Spiced Shrimp and Crab Salad
Vichyssoise
Greek Salad
Fettuccini Salad with Crab and Shrimp in Basil Lemon
Sauce
Tomato Salad with Mozzarella
Quiche Lorraine
Cold Sliced Filet Mignon and Mixed Salad
Lemon Chicken Salad
Cajun Shrimp Salad
Tabouleh Salad
Chick Pea and Tomato Salad
Cold Cut Platters
French Cheese Platters
Grilled Sirloin Steak
Assorted Sandwiches
BBQ Chicken Breasts
Chicken Salad with Mango

🌿 APPETIZER SUGGESTIONS 🌿

Gaspacho Chilled Cucumber Soup
Vichyssoise with Crab
Cream of Asparagus
Cream of Asparagus Soup
Sweet Corn and Crabmeat Soup
Seasonal Green Salad
Green Salad with Goat Cheese
Seared Sea Scallop Salad with Bacon
Green Salad with Pine Nuts
Caesar Salad
Lobster Medallion Salad
Warm Shrimp Salad
Smoked Salmon Salad
Tomatoes and Mozzarella with Basil Sauce
Fettuccini with Shrimp
Fettuccini with Smoked Salmon
Lobster Ravioli with Basil Sauce
Cheese or Mushroom Raviolis
Foie Gras Sautéed with Apples
Sea Scallop and Salmon Terrine
Stuffed Crab Backs
Sea Scallop Provençale
Sea Scallop Gratin
Marinated Salmon
Escargots with Butter and Garlic
Tuna Tartar
Seared Tuna Medallions with Soya
Red Snapper Aumoniere with Lemon
Asparagus with Mushrooms,
Prosciutto and Shaved Parmesan

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🌿 DINNER SUGGESTIONS 🌿

Red Snapper with Créole Spice
Grouper Provençale
Chicken with Ginger and Honey
Grilled Tuna with Teriyaki Sauce
Grilled Swordfish with Herb Butter
Lasagne of your Choice
Grilled Sea Bass
Stir Fry Shrimp
Grilled Mahi Mahi with Fennel
Grilled Filet Mignon
Grilled Salmon with Lime and Ginger
Broiled Caribbean Lobster
Shrimp Scampi
Roasted Rack of Lamb
Steamed Snapper en Papiotte
Breast of Duck with Raspberry Sauce
Dover Sole with Champagne Sauce
Veal Chop with Mushrooms
Pasta Primavera
Pasta with Seafood
Baby Chicken with Honey
Beef Wellington
Risotto with Shrimp and Shitake Mushrooms



🌿 DESSERT SUGGESTIONS 🌿

Fresh Fruit Tarts
Royal Chocolate
Home-made Nougat Ice Cream
Pineapple Caribbean Cake
Crème Brûlée
Peach Melba
Tiramisu
Profiteroles
Crepes Suzettes
Exotic Fresh Fruit with Sorbet
Key Lime Pie
Apple Crumble
Chocolate Mousse
Cheesecake
Lemon Meringue Pie
Fresh Berries with crepes and Orange
Sauce
Mango Mousse with Fresh Fruit
Coffee Mousse Cake
Lemon and Lime Mousse Cake
Apple Tart
Pear Charlotte with Chocolate
Strawberries with Whipped Cream